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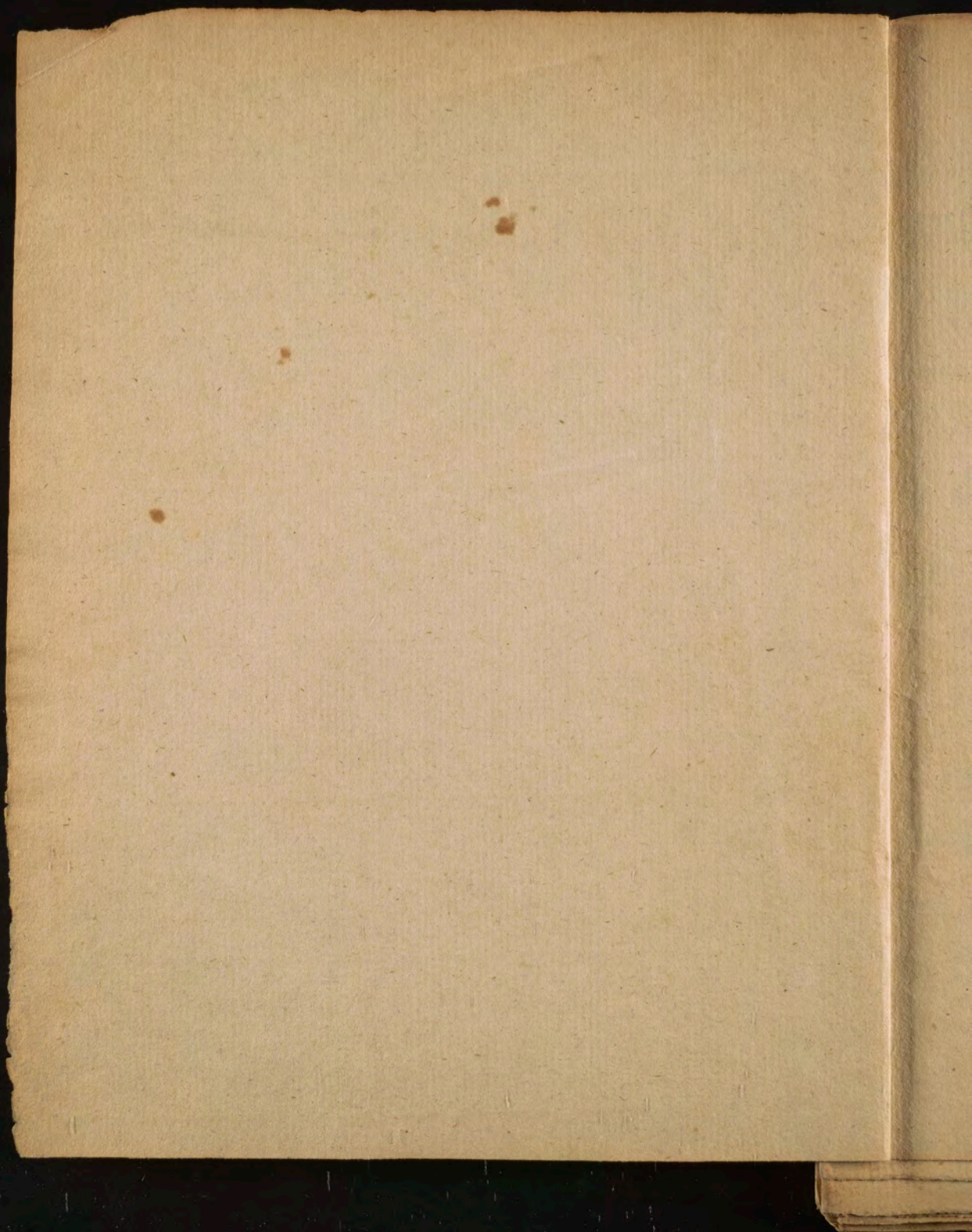
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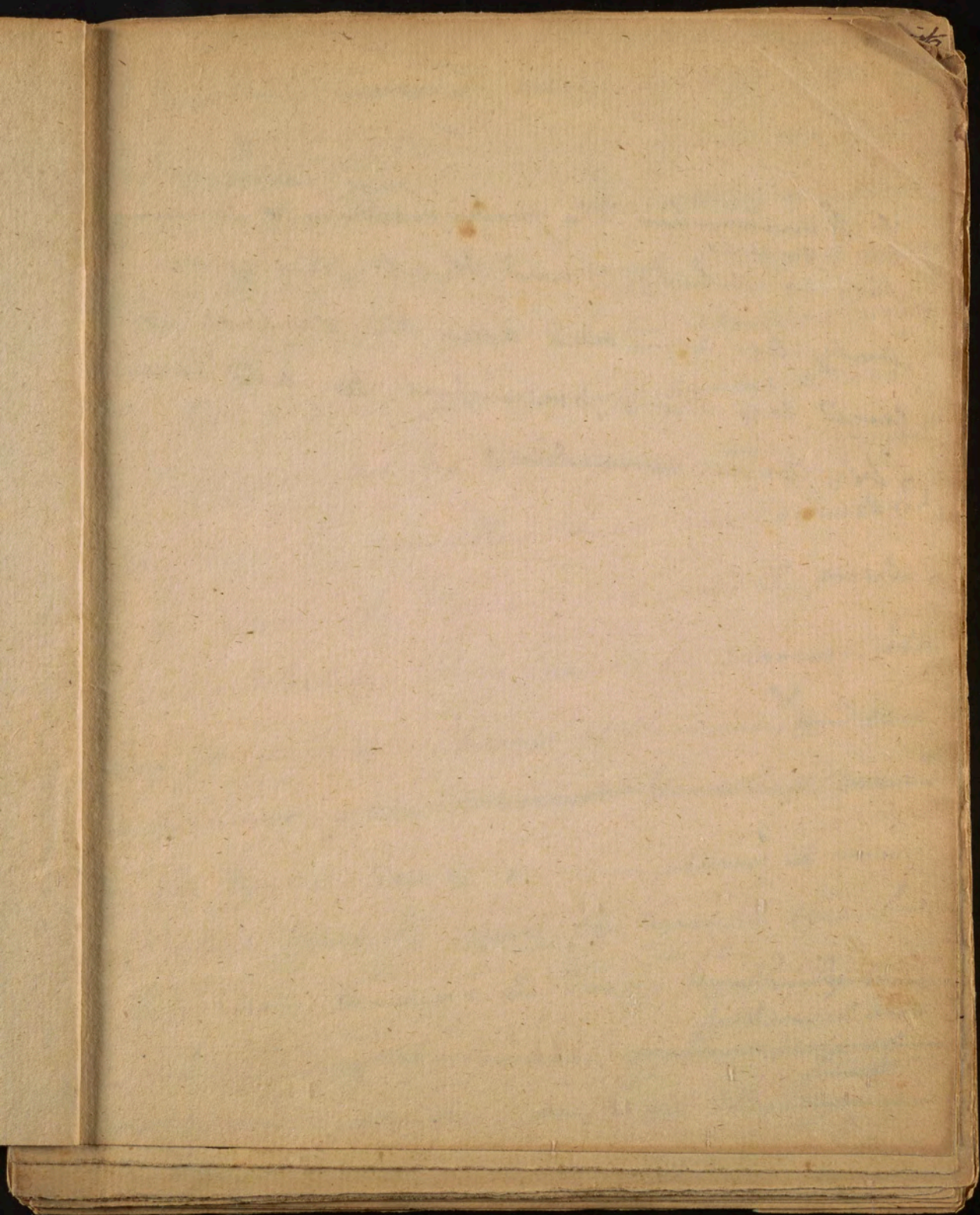
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on pulmonary Consumption.





V Remember the ^{single cause of} predisposition to consump-
-tion is ^{general} debility, and that this can
only be removed after the Disease is
cured by those powerful ~~to~~ and Dura-
-ble tonic remedies.

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frequently ~~now~~ suspends its symptoms only, but makes no impression upon the disease itself, nor upon ^{the} predisposing debility of the system. The same remark applies to the Digitalis. The reason therefore why they both so often fail of performing a cure, is because, we do not accompany, or follow them by remedies that are calculated to act upon the disease itself, and its predisposing debility. These should be exercise, labor, long journeys & a change of climate, ^{and} care-fully avoiding all its remote & exciting causes.

In the typhus state of Consumption it may be useful barely to make the mouth sore, but a saturation cannot be borne ^{in it} by the system in this state of the disease. I have ~~seen it~~ ^{where it does} not ~~even~~ touch the mouth in this typhus

V 9 Two medicines have lately been introduced into practice in this disease: viz: the Lichen Islandicus, or Island moss, and the Alcorogue. They are mucilaginous, and moderately bitter. Many of my patients have taken them, but never by my advice, but no one of them with the least benefit. They have not even relieved a distressing symptom of the disease. As well might we attempt to demolish the rock of Gibraltar by musquet shot, as expect to cure a consumption by such trifling remedies.

State of the Disease, it should be laid aside.
By continuing to give it, we weaken the
patient, and thus accelerate his dissolution.

It is to be regretted that we seldom succeed in
more than ^{one} ~~one~~ case out of three or four in
our attempts to excite a salivation in this
disease. — V

10 Avoiding all its predisposing, and exciting
causes. I shall dwell particularly upon a
few of them.

1. Uenery should be strictly forbidden to con-
sumptive patients. Never permit a man ^{who} ~~to~~
travels to be cured of this disease to take his
wife with ^{him}, and early interdict the sexual in-
tercourse whether the disease appear in the
male or female sex. The lungs & the female
Organs sympathize very much together. A
Gentleman whom I once attended in a pulmo-
nary Consumption informed me that he never

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failed to spit blood After a venereal connection
 with his wife. All Consumptive persons feel
 more or less pain in the breast After it. This
 morbid sympathy between the lungs, and
 the genitals extends to the brute Creation.
 A M^r Blizard of France has lately published
 an Account of the Dissections of some Cows
 that died while they were under the influence
 of strong desires for ^{their opposite} ~~the opposite~~ sex. Their lungs
 he says were diseased in every case. Women
 but the sexual Appetite as well as even while
 they are affected with Consumptive ^{diathesis} ~~disease~~ - and hence
 we so often observe life preserved in them by
 continually bearing Children. ~~may not~~ The
 continuance of the Catamenia during the
 whole course of this disease in some women
 seems to be the effect of the Sympathetic
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the Uterus & lungs.

2 The night and early morning Air sh^d.
be carefully avoided by Consumptive patients.
It can seldom be cured without a strict
regard to this direction.

3 sitting near a Choutⁿ ^{and} in a dusty room
sitting up late at nights, and above all, tal-
-king ~~to~~ and reading with a loud voice, or
for a long time. I once knew this disease
re-excited by the Conversation of a tedious
visit to a lady who had nearly recovered, &
I have read an Account of a Cough being
completely suspended by ~~total~~ perfect Silence
~~upon~~ imposed upon a lady ~~by~~ for five days
by her physicians. —

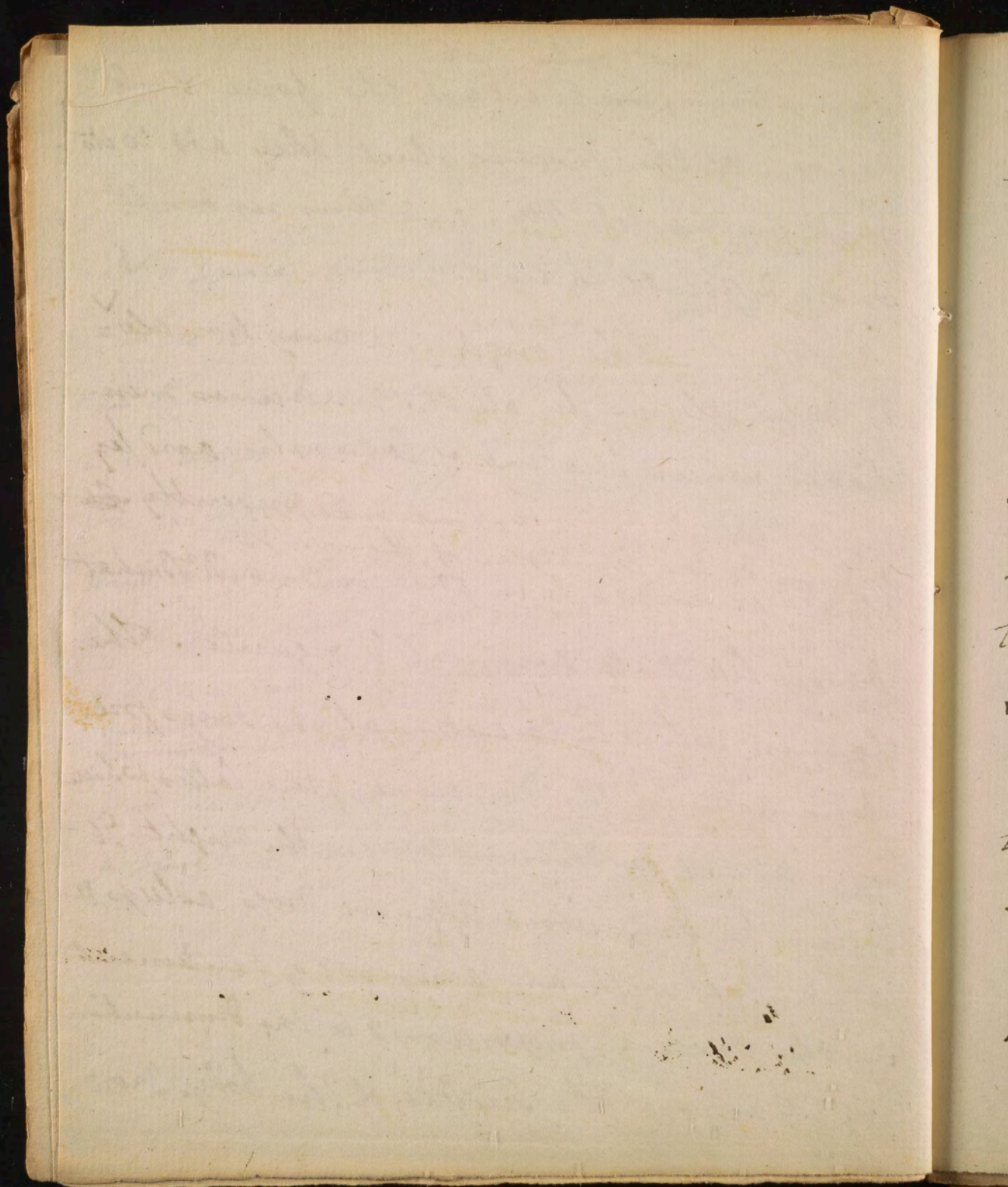
It remains now to mention the
Remedies for alleviating the distressing symptoms
of this disease. ^{It is} ~~They are~~ highly important,
to know & Apply them properly, for those

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V = some, and debilitating symptom.
There is a great Variety in ~~its~~ it. It
1 is sometimes occurs only at night.
2 it occurs only in lying down, ^{and} ~~only~~
in rising out of bed. 3 only in the day
and never at night, and lastly during
both day and night, and that to such
a Degree as to prevent Sleep. I have
~~heard of~~ ^{heard of} a paroxysm of Cough ~~to~~ continuing
five hours without the intermission of
a single minute. It is

Symptoms ~~by~~ ^{not only} increase the force and danger of the disease, but they add to its predisposing debility, and thus render it more difficult to cure. —

The Cough is a very trouble-
is to be relieved by all the medicines men-
-tioned when treating of Catarrh, and by
some others to be mentioned presently. ~~It~~
Opium is the principal of them. It
should given early in the evening. Dr Bichat

divides life into animal & organic. The
former which is external, he says pre-
-dominates in the day time, — the latter, which
is internal, predominates in the night. It
begins he says soon after we drop asleep, &
is attended with an increase of excitement
in the viscera, proportioned to the diminution
of it upon the surface of the body. Now



Opium if given after this organic, or visceral excitement has begun, increases it. But by ~~giving~~ giving it a few hours before bedtime we prevent it, and by keeping up ^{morbid} action in the skin ~~we~~ we prevent morbid action in the lungs. For the same reason food should not be taken at bedtime except in very small quantities. Opium should be taken not only in the evening, but early in the morning according to the advice of Sydenham, ^{when the cough is troublesome during the day.} It cures debility at that time when it is greatest & almost distressing. — It should be taken likewise in small ~~and does~~ doses during the day when the cough is troublesome. ~~The cough has sometimes become so violent as to be almost insupportable.~~ Chills & night sweats appear to be the effects of the translation of visceral excitement

V Arsenic in pills or solution.

~~With this medicine I have completely~~
~~destroyed the Chills & opened the nights~~
~~Sweats in several instances.~~ — The
Sweats are further opened, or ^{prevented} ~~seen~~
by

to the surface of the body, or of Dr Buchats
 organic life passing into animal life, &
 hence they occur chiefly in the morning.
 The Remedies for them they are most profuse
 about the neck and breast. The Remedies
 for them are [✓] sleeping in ~~flannels~~ ^{flannels} and
 upon a matras, - frictions of the skin
 with distilled spirits, brine ^{anisee wines} and Volatile Spirit
 nitre, or common salt and Sweet oil - powder of chalk,
 wearing a shirt constantly, dipped in a
 decoction of peruvian or white oak bark,
 and afterwards well dried. A draught of
 hot, or cold water ~~before or bedtime~~ - or six
 spoonful of malaga wine, according to Dr
 Sydenham taken at bedtime ^{the vitriol} - water mel-
 -lons when in season, or water melon tea
 tea at other seasons both of which prevent
 the sweats by promoting a plentiful dis-
 -charge of Urine, - a pint of lime water

in the year 1812

✓ Consultation with Dr Klaproth from
whom above 20 quarts of water have
been drawn by Turpentine punctures in
her legs and above her knees in the course
of four weeks. ~~Feb 5 1812~~ Her cough
& all her pulmonary symptoms have
been relieved by this remedy.

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according to Sir John Pingle taken during
the day, or half a Dram of the powder of
Calined Oyster Shells taken ^{3 times, 3 days} at bedtimes,
and lastly from two to ten grains of the
powder of Agaric taken two or three times
a day. When the Sweats are accompanied
with much Activity of pulse, the Cop of
a few ounces of blood seldom fails to check
them.

Swelled legs are to be treated by frictions up-
wards, and in a morning only - by blisters &
by punctures on the ^{legs} ~~ankles~~ with the point of
a lancet. I ~~was~~ ^{was} attended by a lady in

Diarrhoea. When the blood repels become
so weak as not to be able to propel their watery
contents to the Skin, they pour them upon
the bowels, and hence the origin of the
thin & shiny stools which mark the

closing stage of this disease. The sweats & even the cough now cease from morbid excitement, and the fluids being determined wholly to the bowels. The remedies for this symptom are Laudanum - Chalk, Gum Kino, and others to be mentioned when we come to treat of Diarrhoea as a primary disease.

great ~~and or sudden~~ pain & difficulty of breathing sometimes occurs in every stage of this disease. Its remedies should be small bladders, blisters to the parts affected, and liquid Laudanum.

The Consumption usually terminates in one of the following ways.

1 With great weakness, profuse sweats & Diarrhoea, and Dropsical swellings in the limbs.

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

2 a rupture of a blood vessel suddenly drawing
-ing the lungs.

3 a rupture of an Abscess either into the
Substance of the lungs, or the Cavity of the
thorax suddenly inducing suffocation, or
an inability of the lungs to expand them-
selves.

4 a sudden or gradual effusion of water
into the lungs or the Cavity of the thorax.

5 a translation of the Disease to the brain
inducing madness.

6 a sore throat.

7 a pneumonia ^{lyncha} ~~vera~~, or *lyncha longista*

I shall now mention the Signs of an
unfavourable and of a favourable issue of
this disease. —

to the former Class of ^{Signs} ~~lyncha~~
belong.

A predisposition to the
1 The disease being derived from Ancestors.

2 Its being the effect of translated Rheumatism, Gout and cutaneous eruptions. It is these

Cases it is generally of a very Chronic nature.

3 Feet obstinately cold.

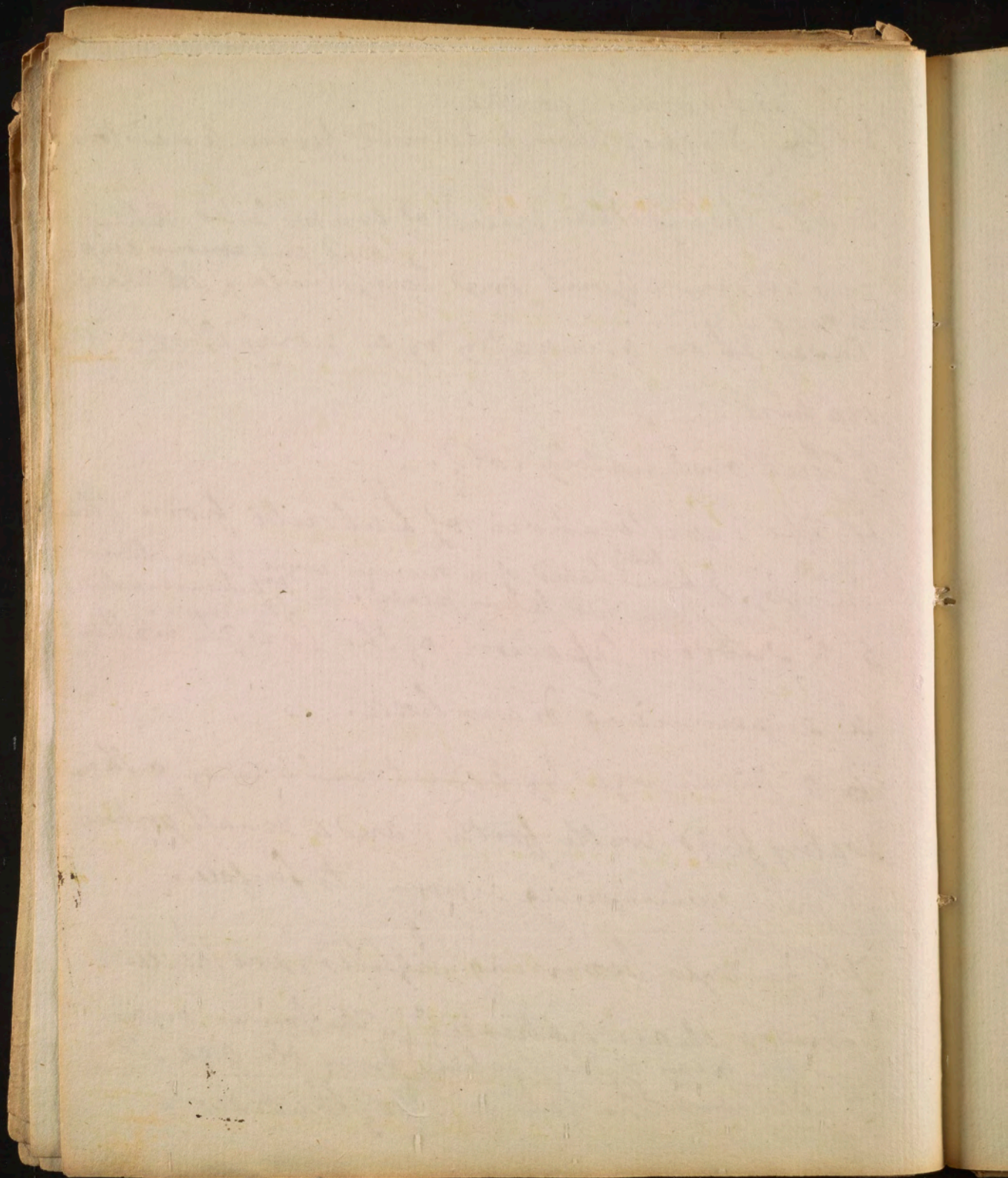
4 The expectoration of Calculi from the lungs. I have lately heard of a woman after this symptom had taken place. — Dr. Keen mentions

5 a sudden Cessation of the Cough without a supervening Diarrhoea.

6 a discharge by expectoration of a thin watery fluid with froth, and a small portion of pus swimming upon its surface.

7 The eyes becoming lighter, and the teeth whiter than natural. The former occurs in the decay of the system from old age.

8 Lice, and the falling off of the hair.



- 9 a Swelling of the face.
- 10 It is always more dangerous when Ulcers and tubercles have taken place in the lungs, than from an Abscess.
- 11 a Spitting of blood preceding ^a cough, and ^{the} other common signs of tubercles, Ulcers & Abscess in the lungs.
- 12 a Constant vomiting. ~~is a~~

The signs of a favourable issue of the Disease are -

- 1 a Spitting of blood before a Cough, or other signs of fixed Obstructions in the lungs.
- 2 Rheumatic pains preceding a Cough, & relieving it.
- 3 Eruptions and Abscesses occurring in any part of the body, provided the strength of the system be not exhausted. — ^{its issue}
no inference can be formed of ~~the result~~ ^{of}

‡ The marks of pus as laid down by Chas Darwin
are. add vit. acid to ~~form~~ or Caustic alkali to ~~form~~
the matter expectorated - they will dissolve it - then
add water ~~the mucus~~ ^{it} will float - If pus, it will
fall to the bottom, or form a uniform turbid
mixture with the liquid. -

V Keep your eye steadily upon its
remote causes, and suit your remedies
to them as far as they influence the na-
-ture of the disease. Attend particularly
to its Sympathetic causes. The removal
of a disease in the Stomach, the liver, the
Spleen and the Womb ^{whether by accident or design,} has sometimes cured
a Consumption After all the common
remedies directed to the state of the lungs only
have been administered to no purpose.

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the issue ^{from the excretions of pus,} ~~by examining the qualities of~~
for as it is secreted from unbroken
surfaces, it affords no proof of the presence
of Ulcers or an Abscess in the lungs. I
have seen many recoveries after the ex-
-location of pus, and many deaths where
no pus was discharged. ‡

I shall conclude ~~this~~ ^{to} our account
of this disease by suggesting two ~~various~~ ^{variable} directions,
✓ 2 Never lose sight of the ~~changing~~ ^{variable} state of
the system, ~~and type of the disease in every~~
stage of it. The rise or fall of the mercury
in the thermometer, an improper meal, a
restless night, and a dozen other circumstances
may ^{change} the state of the disease, so as to re-
-der medicines proper ~~one month~~ ^{in one week or in}
~~one day~~ ^{one day} which would

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✓ I have thus Gentlemen laid before you
the result of all the reading, experience
& reflections of my life upon this for-
-midable & fatal disease. I feel as if I had
been attempting for two days to divide
a knot of lignum-vita in your presence.
— Whether I have made any impression
^{it}
~~upon~~, or only broken my mantle
wedges into pieces — I leave wholly
to your determination. —

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have been hurtful the week or day before.
By changing your remedies with the force
and symptoms of the disease you will
now and then lose your Character for Stabi-
-lity and Skill in your profession, but coun-
-fort yourselves with this reflection, that
changes in Opinion and practice have pro-
-duced all the physical & moral happiness in
our World, and that ~~nothing has~~ ^{the use of} no
changes in ^{the use of} medicines have ever done the
twentieth part of the mischief that has
been done by Stability in ignorance & error.

V ~~I shall now~~
The transition will be natural to pass
on from treating upon pulmonary Con-
-sumption to make a few remarks upon
a Cough, and to mention
the remedies that are proper to relieve it.

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This troublesome affection of the lungs,
 though a common symptom of con-
 sumption, is sometimes a local disease,
 and ~~often~~ ^{occasionally} exists for months, & years, and
 even during a ~~whole~~ ^{long} life without inducing
 consumption or death. The cough is
 generally sonorous and seldom accompa-
 -nied with pain, much expectoration or
 any fever. It is never a safe disease, from
 its ~~weakness~~ ^{tendency} to induce general debility &
 consumption. It should therefore be attended
 to in its early stage. It is ~~nothing new~~ ^{nothing new} are
 for local diseases to bring on such as
 general, and for the same disease to be
 brought on both by general & local causes.
 a stroke on the head now & then induces a
 derangement of the brain, and yet we know

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that disease is often induced by ^{poison} ~~poison~~ ^{primarily} ~~primarily~~
and other causes which act ~~primarily~~
upon the whole system.

The Cough is both pulmonary &
tracheal, and is brought on by causes
which act ~~primarily~~ primarily or di-
rectly - secondarily or indirectly, and
sympathetically - upon the lungs and
trachea. It often comes on suddenly from
eating exposure to a current of air, from
too light bedclothes, from eating - drinking &
certain passions of the mind & particularly
fear. Public speakers are often troubled with
it. The remedies for it should be regulated
by the state of the system.

In a full habit, with an active pulse,
it will always be proper to begin the cure

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the loss of blood, ⁷⁸ and to repeat it if the blood
be low, and the Symptoms of fulness, and
vigor continue in the pulse. at the same
time ^{an abstemious} ~~an abstemious~~ diet should be recommended,
and demulcent drinks, particularly flaxseed,
bran and mallow tea, and molasses & water
pleasantly acidulated with lime juice, or
Vinegar. To these remedies should be added gentle
exercise. I have known ~~above~~ frequently
walking, and once a long ride cure a cough
even in ~~the middle~~ ^{the middle} of Winter.

In a natural state of the pulse, the
following remedies have been useful.

1 washing the feet every morning in cold wa-
ter.

2 Silence for four or five hours.

3 a pitch plaster worn constantly between
the shoulders.

4 the following Symp. : Sweet oil, lime

V The liquorice mixture.

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agree the

juice or vinegar, and honey, and if ~~necessary~~
~~the~~ pulse will bear it Spirits of each equal
parts.

2. The Symps of horseradish made agreeably
to Dr Fuller's recipe contained in his materia
medica. —

3 Hyssop, horehound, Elecampare, honywood
of each a handful. Boil them in a gallon
of water to half a gallon. Then add a pound
of flowered raisins and ~~boil~~ stir them a
hour or two together — Strain them &
then add liquorice ball ℥ij white Sugar ℥ij
and afterwards boil them to a Symp. ✓
In a ~~large~~ small plate of the pulse and
lungs, the following remedies have found
useful.

1. Tanwater, and the tar pill. From a
half a gill of the former to a gill, and
from one to three of the latter, to be taken
three times a day. —

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- 2 From 10- to 20 Drops of the Oil of Amber
three times a day. a Clove of Garlic 3 times a day.
- 3 A teaspoonful of the tincture of Apafutda
three times a day. ~~the three fast~~ ^{these} medicines
are excellent when the cough comes on
suddenly, and with ~~symptoms~~ nervous symptoms.
- 4 The following Syrup: Sulphur, Elecampane,
Liquorice bell, and Anniseed in powder of each
℥i Ardent Spirits ℥ij. Set the Spirits on fire,
and let them burn till the Spirit is re-
duced to ℥i - then add Water a pint, &
Sugar ℥ij and boil them to a Syrup
of which a table Spoonful should be taken
three or four times a day, or oftner when
the Cough is troublesome.
- 2 A teaspoonful of the flour of Mustard
three times a day in a table Spoonful of
molasses.
- 3 A teaspoonful of the powder of Resin

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three times a day in a table spoonful of
molasses or honey.

3 A Symp prepared from garlic or
Onions.

4 Sulphur, honey, and Cold drawn Oil of
each equal parts. ^{one of the latter}
^{two of the former, &c}
5 molasses ~~and~~ and Brandy of each equal parts, or

a Paroxysm of Coughing is often obviated
by the following remedies.

1 Small and frequent Draughts of cold water.

2 Preping the back against a Cold wall.

3 A lump of loaf sugar dipped in Spirits,
or a piece of liquorice ball, or a pepper

Mint lozenge suffered to dissolve upon
the root of the tongue. 4 Smoking tobacco,

5 From 10 to 15 Drops of Liquid Laudanum,
^{or the powder of resin.}

Sleep is of a great consequence to persons
afflicted with Cough. To produce it Landa-
num should be taken when the Cough

81.
3 is troublesome at nights.

All its exciting causes should be
carefully avoided particularly cold feet.

~~I have thus given / laid before
you the result of the reading, ob-
servations of and reflections of my life
upon preliminary topics~~

